

# Our Personal Thoughts And Desires: God's Rest

**Hebrews 4:9-13** - So there is a special rest still waiting for the people of God. <sup>10</sup> For all who have entered into God's rest have rested from their labors, just as God did after creating the world. <sup>11</sup> So let us do our best to enter that rest. But if we disobey God, as the people of Israel did, we will fall. <sup>12</sup> For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires. <sup>13</sup> Nothing in all creation is hidden from God. Everything is naked and exposed before his eyes, and he is the one to whom we are accountable.

<u>Genesis 2:2-3</u> - On the seventh day God had finished his work of creation, so he rested from all his work. <sup>3</sup> And God blessed the seventh day and declared it holy, because it was the day when he rested from all his work of creation.

## God's Rest Is Not Relaxation

**Exodus 3:8** - So I have come down to rescue them from the power of the Egyptians and lead them out of Egypt into their own fertile and spacious land. It is a land flowing with milk and honey...

**Exodus 20:8** - Remember to observe the Sabbath day by keeping it holy.

## The Sabbath Is God Restoring His Rest

# An Invitation For Man To Enter Into God's Creative Order

**Hebrews 4:1, 10** - God's promise of entering his rest still stands, so we ought to tremble with fear that some of you might fail to experience it...<sup>9</sup> So there is a special rest still waiting for the people of God. <sup>10</sup> For all who have entered into God's rest have rested from their labors, just as God did after creating the world.

# A Faith That Demands We Rest From Trusting In Our Own Works

**Hebrews 4:11** - So let us do our best to enter that rest. But if we disobey God, as the people of Israel did, we will fall.

## God's Rest Is A Time Of Activity And Work