



**11-06-2022**

### **Personal Health: Tis The Season**

**1 Thessalonians 5:23** - *Now may the God of peace make you holy in every way, and may your whole spirit and soul and body be kept blameless until our Lord Jesus Christ comes again.*

#### **God Wants To Be Involved In Every Facet Of Our Life**

**John 14:27** - *I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid.*

#### **A Characteristic Of The Holy Spirit's Work In Our Life Is A Deep And Lasting Peace**

**3 John 1:2** - *Dear friend, I hope all is well with you and that you are as healthy in body as you are strong in spirit.*

#### **The Key To Complete Wholeness Is Obedience To God's Commandments And Christ's Teachings**

**Proverbs 3:1-2, 8** - *My child, never forget the things I have taught you. Store my commands in your heart. <sup>2</sup> If you do this, you will live many years, and your life will be satisfying...<sup>8</sup> Then you will have healing for your body and strength for your bones.*

**Exodus 15:22-26** - *Then Moses led the people of Israel away from the Red Sea, and they moved out into the desert of Shur. They traveled in this desert for three days without finding any water. <sup>23</sup> When they came to the oasis of Marah, the water was too bitter to drink. So they called the place Marah (which means "bitter"). <sup>24</sup> Then the people complained and turned against Moses. "What are we going to drink?" they demanded. <sup>25</sup> So Moses cried out to the LORD for help, and the LORD showed him a piece of wood. Moses threw it into the water, and this made the water good to drink. It was there at Marah that the LORD set before them the following decree as a standard to test their faithfulness to him. <sup>26</sup> He said, "If you will listen carefully to the voice of the LORD your God and do what is right in his sight, obeying his commands and keeping all his decrees, then I will not make you suffer any of the diseases I sent on the Egyptians; for I am the LORD who heals you."*

## **We Can Call Upon Jehovah-Rapha Today To:**

- 1) Heal Us Of Physical Sicknesses.**
- 2) For Redemption For Our Sins.**

➤ **Sickness, Poor Health or Disease.**

**Psalm 41:3** - *The LORD nurses them when they are sick and restores them to health.*

**Psalm 103:3** - *He forgives all my sins and heals all my diseases.*

➤ **Mental Stress or Fatigue.**

**Matthew 11:28** - *Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.*

**Deuteronomy 31:8** - *Do not be afraid or discouraged, for the LORD will personally go ahead of you. He will be with you; he will neither fail you nor abandon you.*

➤ **Spiritual Fatigue and Weariness.**

**Psalm 23:3** - *He renews my strength. He guides me along right paths, bringing honor to his name.*

**Jeremiah 30:17** - *I will give you back your health and heal your wounds, says the LORD. "For you are called an outcast— 'Jerusalem for whom no one cares.'"*

➤ **Emotional Suffering or Sorrow.**

**Psalm 147:3** - *He heals the brokenhearted and bandages their wounds.*

**2 Timothy 1:7** - *For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.*

➤ **Anxiety and Worry.**

**John 14:27** - *I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid.*

**1 Peter 5:7** - *Give all your worries and cares to God, for he cares about you.*