



05-16-2021

Habits: It's Your Choice

How Effective Or Ineffective We Are Is Dependent On The Habits We've Created

Philippians 4:13 - *I can do all things through him who strengthens me.*

The Outcomes Of Living A Habitual Life Are Huge

Habits Can Either Develop Discipline In Our Lives, Or Provide Road Blocks That Hinder Us

Christ Followers Use Both Spiritual And Practical Solutions

As Followers Of Christ, Our New Life Involves Changing The Way We Think

Romans 12:2 - *Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.*

Philippians 2:14 - *Do everything without complaining and arguing.*

Colossians 3:17 - *And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father.*

What Habits Need To Change In Your Life To Honor Christ More?

2 Corinthians 10:5 - *We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ.*

Habits Are Like Seeds

Galatians 6:7-9 - *Don't be misled—you cannot mock the justice of God. You will always harvest what you plant. ⁸ Those who live only to satisfy their own sinful nature will harvest decay and death from that sinful nature. But those who live to please the Spirit will harvest everlasting life from the Spirit. ⁹ So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up.*

For Christ Followers, Forming New Habits And Being Led By The Holy Spirit Is A Way Of Life

John 14:23 - *Jesus replied, "All who love me will do what I say. My Father will love them, and we will come and make our home with each of them.*

Spiritual Growth Requires Healthy Habits